



# COMMON SENSE PARENTING

## Classes now being held at Creekside Elementary!

Common Sense Parenting (CSP) is a practical, skill-based program that can be applied to every family. The program's logical strategies and easy-to-learn techniques address issues of communication, discipline, decision making, relationships, self-control and school success.

Continuing to learn new skills and strategies is a fundamental part of good parenting. The proactive skills and techniques taught in Common Sense Parenting classes have helped parents from diverse backgrounds create healthy family relationships that foster safety and well-being at home, in school and in the community. The classes are for all parents of kids ages 3-16.

### Please call or email to sign up for one session

#### Session 1:

November 6, 13, 20, 27, December 4, 11 (5:30-7:30 p.m.)

#### Session 2:

February 5, 12, 19, 26, March 5, 12 (5:30-7:30 p.m.)

Class is free. Books and materials are free to borrow or \$25 to purchase

Childcare offered at no charge. Snacks will also be provided.



Spearfish School District

Common Sense Parenting helps parents:

Build strong healthy relationships

Correct and change behavior

Minimize problems that disrupt family life

Raise responsible, caring children

Avoid power struggles

Communicate effectively

Control emotions

Balance discipline with affection

Praise your child's good behavior

Be a better, more engaged and caring parent

Presented by a Certified Common Sense Parenting Trainer:

Judy Lamb

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